



St. Ann's Parish

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Pastoral Staff

Rev. Peter Tuyen Nguyen, Pastor

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Ms. Donna Slaviero, Office Administrator

Mr. David Dayler, Parish Lay Minister

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Mrs. Linda Dayler, Co-ordinator of Ministry of Care and
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Mr. Philip Sarabura FRCCO, Music Co-ordinator

Welcome and Registration

Welcome to all who worship with us today! May the Lord bless you! If you would like to register with our Parish, please fill out a registration form. These can be found at the main entrances. We ask you to inform our office if you are moving out of the parish.

Memorial Donations: Please keep our love for the parish alive: when recommending expressions of sympathy, please remember St. Ann Parish.

Knights of Columbus

Grand Knight – Dan Marranta dannymarranta@gmail.com

St. Vincent de Paul

Collection held first Sunday of the month.

Parish Schools

St. Ann's	905.523.2340
St. Joachim's	905.523.2341
Holy Name of Mary	905.523.2342
Immaculate Conception	905.523.2463
Bishop Tonnos Secondary	902.523.2331

The Lord's Day Masses

Saturday 5:00p.m.; Sunday 9:00a.m. & 11:00a.m.

Weekday Mass

Tuesday 7:00 p.m.

Wednesday—Friday 8:00 a.m.

Reconciliation

Tuesday 6:15 p.m. – 6:45 p.m.

Saturday 4:00 p.m. – 4:45 p.m.

Eucharistic Adoration

Friday 8:30 a.m.—9:15 a.m.

Parish Office Hours

Monday 8:30 a.m. – 12:00 p.m.

Tuesday to Thursday 8:30 a.m. – 4:30 p.m.

Friday 8:30 a.m. – 12:00 p.m.

Baptism

Please call the parish office. Six weeks notice is usually requested.

Marriage

You are asked to call the parish office to make wedding arrangements at least six months in advance.

Anointing of the Sick

Upon request. Please call the parish office.

Catholic Funeral Rites

When a death occurs in your family, please call the parish office and we will assist you in making the necessary liturgical arrangements.

Fifth Sunday in Ordinary Time

Mass Intentions

Fifth Sunday in Ordinary Time

February 4, 2024

Tuesday, February 6th

7:00 p.m. Intentions of Chris White
Intentions of Al & Nocole Stennett
† Kristin Smith
† Philomena Marranca

Wednesday, February 7th

8:00 a.m. † Noemi Stradiotto
† Brenda Feria
† Charlie & Evelyn Flood
† Jim Flood

Thursday, February 8th

8:00 a.m. Intentions of Hallie Rich
† Brenda Feria

Friday, February 9th

8:00 a.m. † Giustina & Vincenzo Forcione & Nick
Cornacchione
† Brenda Feria

Saturday, February 10th

5:00 p.m. † Elizabeth Denesiuk
† Joseph Grespan
† Annie Settimi
† Wing Kee Hum

Diocesan Prayer Calendar

Week of February 4, 2024
Fifth Sunday in Ordinary Time

This week we especially pray for:

Monday	Rev. Robert Sims
Tuesday	Rev. Charles Galea
Wednesday	Missionaries
Thursday	Rev. Robert Kiffman
Friday	Rev. Pablito Labado
Saturday	Rev. Edward Mahony

God, the source of creation and love, You invite each of us to serve You through the life which is your gift. May Your grace encourage men and women to heights of holiness through service to the Church as priests, sisters, brothers, and lay ministers. Make me an instrument to encourage others to give themselves and challenge me to do the same. Amen

St. Ann, Pray for Us



From the desk of:

**FR. PIERRE
EDWARD LUC**

REFLECTION – FIFTH SUNDAY IN ORDINARY TIME

Be Jesus' collaborators by being healed and healers. Like Job in the first reading, when we suffer, we often lose patience, we worship and blaspheme. When we look at the misery, injustice and sickness all over the world, our reaction is sometimes to rebel against God or to doubt. Like Job, we are invited to turn to God, taking our frustrations to God. This is a decisive step in the healing process.

Today's Gospel takes us into the healing ministry of Jesus. It is a ministry fraught with spiritual struggle, but one that demands a great deal of prayer and perseverance.

When Jesus entered the house of Simon and Andrew, he quickly observed that Simon's mother-in-law was ill with fever. He took her by the hand and got her up. Immediately after her healing, this hospitable woman began to serve the Lord with all her strength and energy.

When we are blocked or paralyzed by sin fever, we are invited to pray with our blockages, putting them before Jesus, asking him to remove or eliminate them. Jesus takes pity on us, because he loves us. He comes to take us by the hand to help us stand up and live in dignity as sons and daughters of God. Jesus wants to heal us of all our spiritual, psychological, mental and physical illness. This ministry of healing is always accompanied by prayer, which is why, the very next day, Jesus takes a step back to pray in all humility.

In the second reading, Saint Paul urges us not just to be passive recipients of the grace of healing and Jesus' love, but also to be active bearers of the good news and healers of those who suffer. In this way, we are invited to be pro-active collaborators in the salvation of mankind, and to say, like Saint Paul, "woe to me if I do not proclaim the Gospel."

February 4, 2024

On this fifth Sunday of Ordinary Time. Let us ask the Lord to give us faith to benefit from the grace of healing, but also to be bearers of the good news of healing and hope to all the suffering people in the world, especially the poorest and most vulnerable.



From the desk of:

FR. PETER NGUYEN

5 CATHOLIC PRACTICES TO NOURISH YOUR FAITH IN 2024

In the ongoing pursuit of spiritual growth and a deeper connection with the sacred in our daily lives, exploring new avenues to strengthen your Catholic faith can be truly transformative. Here are five practices that may rejuvenate your faith journey in 2024.

- 1. Turn Your Gaze to Mary:** On January 1, Pope Francis urged believers to entrust the new year to the Virgin Mary, emphasizing that she guides us to Jesus, who embodies the fullness of time. Engaging in the prayer of the rosary, a powerful means of seeking Mary's intercession, provides spiritual protection and guidance in our relationship with God. *At St. Ann, we invite you to spend meaningful time with Mary at our illuminated grotto.*
- 2. Learn about a Saint:** Delve into the biographies of saints through books available in numerous Catholic online stores. Explore their lives through documentaries or movies like "Heaven Can't Wait" and "Padre Pio." Participate in prayers and devotions dedicated to saints, gaining insights into their remarkable contributions to the Catholic faith.
- 3. Study the Bible and Catholic Documents:** Dedicate time to studying and meditating on Scripture and papal documents. Daily reading of the Bible, particularly the four Gospels, allows for reflection on teachings applicable to daily life. The Catechism of the Catholic Church serves as a concise summary of the faith, offering insights into important Catholic topics. *Join our upcoming five-week study on the Gospel of Mark led by Fr. Peter, Fr. Ed, and David during Lent.*
- 4. Immerse Yourself in Good Reading:** Explore spiritually enriching books such as "The Way" by St. Josemaría Escrivá de Balaguer, "Confessions" by St. Augustine, "The Spiritual Exercises" by St.

Ignatius of Loyola, and "The Imitation of Christ" by Thomas à Kempis. *Our parish hall features a library of books available for borrowing, providing a valuable resource for your spiritual journey.*

- 5. Spend Quality Time with Jesus:** Prioritize spending time before the Blessed Sacrament for genuine encounters with the real presence of Jesus Christ. This act of adoration and respect towards the divine presence is a sacred moment for prayer, expressing gratitude, praise, and worship. Regular prayer before the Blessed Sacrament fosters spiritual growth, offering moments of reflection, contemplation, and intimate connection with the divine. *Join us in the coming days at St. Ann, where the Blessed Sacrament will be exposed in the Marian Chapel (details will follow in the bulletin) for a powerful and meaningful time of intercession.*

Fr. Peter

2023 INCOME TAX RECIEPTS

Income Tax Reciepts for 2023 are now available in the Parish Centre foyer.

THE WOMEN'S GROUP FAITH GROUP

Attention women of St Ann parish. Please join us for a 7 week Lenten study entitled The Mysteries of the Rosary beginning Tuesday, February 6th and ending Tuesday, March 19th at 7:30 pm after week day mass. The program features a 30 minute video on the sorrowful mysteries followed by approximately 30 minutes of discussion. There is no fee for the program but we will take a collection at the end so we can send a donation to the ministry that provided the program. Bring a pen, a journal and an open heart and hope to see you in the parish centre on Tuesday, February 6th at 7:30 pm. If you have questions please contact us at stannwomenoffaith@gmail.com

SUITABLE & AFFORDABLE RENTAL

Reliable family of 3 seeking suitable and affordable rental on the mountain to accommodate proximity to school. If you can help, please contact Margaret D'Arcey at 905 648 1019.